

PATRICIA HOLLAND WEBB, RN, BSN, BA, MA
CURRICULUM VITAE

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The Pennsylvania State University
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PURPOSE

Consultation in the fields of education & healthcare. Applying my expertise in adult education & clinical nursing, I work with clients to co-create effective learning processes appropriate to their various contexts, which address identified learning needs & support human development & group transformation. My work draws on narrative & interactive modes by which people make meaning of their experience, to create a reflective framework in which diverse people can explore shared paths of learning & change. Building on international research & practice in the teaching & healing arts, I help clients to identify restorative elements of teaching & healing cycles naturally present in their workplaces & social settings, which are capable of supporting personal & group reintegration even under conditions of rapid environmental or social change. Through participatory forms of inquiry, clients can then internalize learning processes that foster deep listening, compassionate dialogue, reflective thinking, and collaborative action, using these as tools to renew trust, respect, confidence, and the capacity to cooperate in the face of uncertainty, and across lines of difference.

EDUCATION

The Pennsylvania State University, College of Education, Adult Education Program. Doctoral candidate (PhD degree). Dr. Fred Schied, senior faculty mentor; Professor Charles Dumas, performance studies mentor. GPA 3.9. Projected timeline: ABD & dissertation proposal, autumn 2010; dissertation defense, 2012.

Indiana University of Pennsylvania, Adult & Community Education Program, MA. Gary Dean PhD, academic advisor; Jeff Ritchey DEd, internship advisor. GPA 4.0. Received the program's outstanding student research award; graduated with distinction.

University of Pittsburgh, College of Arts & Sciences, BA with honors. English Department, Writing Program, concentrations in poetry & classical studies.

Oxford University semester abroad. Summer humanities 'intensive' in British history, literature, and fine arts, with distinction.

Ohio State University, College of Nursing, BSN with honors.

AWARDS & HONORS

Academic:

Nicholson Fellowship, Penn State University, Adult Education Program, awarded by program faculty for academic excellence, providing funds for 2009-10 doctoral study.

Margaret Mahler Award for Outstanding Graduate Research for Masters thesis work on listening & transformative learning, Indiana University of Pennsylvania, 2008.

Recruited & hosted international development economist, James B. Quilligan, PhD as special guest speaker at Penn State University for two sessions: a public lecture & a private adult education faculty / student roundtable examining contemporary notions of the 'global commons' & international initiatives to reclaim them, January 30-31, 2008.

Business / Professional:

Founders Award, presented annually to a select chapter of Business Network International (BNI, a team-based referral organization). Both Monroeville (2000) & North Hills Circle of Excellence (2003) awards were given during my tenure as a co-founding member.

Who's Who in American Nursing, 1993-94. Also featured in, *Who's Who in the East*, and in *Who's Who in Entertainment* during the early 1990s.

Artistic:

Critical honors for premiere professional production of original stage script, **KINGS**, 1988.

Poetry award finalist, **The Madison Review**, 1987.

RESEARCH ACTIVITIES

Coalition for the Global Commons: Guidelines for a Participatory Approach to Global Consultation. Guided an international group in applying adult learning theory to qualitative research methods, in order to create a preliminary conceptual framework for a global consultation process designed to open grassroots dialogue, build collaboration, and support local action toward reclaiming and protecting the commons. (Unpublished working documents submitted to the Global Marshall Plan Foundation initiative, then known as the Coalition for the Global Commons, September, 2008 and posted online during 2008-09.)

Listening as Healing Presence: A preliminary qualitative investigation. Qualitative research into learning processes & outcomes among adults participating in peer listening training and ongoing listening practice. Masters research project, 2007. (Presented at the Midwest Research-to-Practice Conference in Adult Education, Muncie, IN, 2007.)

An Investigation of Transformative Learning through Film Art. Case study analysis of a 'weekend intensive' transformative learning class on spiritual practice offered at Olney Friends School, a Quaker boarding high school in rural Ohio. (Presented at the Eighth Pennsylvania Adult & Continuing Education Research Conference, Harrisburg, PA, 2007.)

PROFESSIONAL EXPERIENCE

Teaching:

Founder & Principal, *The Learning Shire, LLC*, 2005-present.

Adult education consulting firm offering design & facilitation of experiential group learning that fosters capacities for listening, dialogue, reflection, and cooperative action. The Learning Shire develops original programs of transformative learning for adults and adolescents that draw on engagement with art & the natural world, including the use of films such as *Brokeback Mountain*, *Cry Freedom*, and *Seabiscuit*, and has also developed customized experiential curricula for use by teaching faculty at the secondary school level.

Graduate Assistant (GA), Adult Education Program, Penn State University, 2007-09.

Administrative responsibility for program recruitment plan, budgets & trips, website editing, and faculty-student liaison. Research assistant to professor-in-charge of program, 2008. Lead GA for ten 1st & 2nd-year GAs (including five international students), 2008-2009.

Program Assistant, *Unbridled Performance*, Bridgeville, PA (south of Pittsburgh), 2004-05.

Equine ground trainer & executive program co-facilitator for this corporate consulting firm. Collaborated on leadership and team-building programs for business, professional, and university upper-management clients using equine-assisted learning (EAL) methods.

Visiting Nurses Staff Educator, Pittsburgh, PA, 1984-87.

Staff trainer responsible for orientation & inservice education, Kimberly Nursing Services.

Instructor, Western PA School of Health Technology, Pittsburgh PA, 1982.

Classroom instructor & clinical supervisor for groups of 20-30 nursing assistant students.

Healing Arts:

Co-founder & Practice Administrator, *Webb Center for Integrative Health*, Warrendale, PA (north of Pittsburgh), 1999-2006.

Co-created & later managed clinical & administrative operations for this holistic mental health private practice. Responsible for recruitment, hiring & firing, budgets, policies, and contractual relations, I facilitated personalized care with minimal managed care insurance constraints. In collaboration with primary psychiatrist, I shaped the clinical philosophy as well as the educational & professional environment, including effective implementation of a mind-body integrative multi-therapy practice model.

Health educator, 1979-present.

Health consultant & freelance presenter on such topics as mind-body therapies, stress management, maternal health, postpartum depression, and environmental health, 1992-present. Out-patient educator in community nursing contexts, 1984-87. In-patient educator in cardiac treatment, recovery room, and transitional care settings, 1979-1983.

Primary care & community health nurse, 1979-1987.

Clinical registered nursing practice in Ohio and Pennsylvania acute care hospital settings, including CCU, ICU, transition, recovery room, and step-down units. Community visiting-nurse practice throughout the greater Pittsburgh region, including clinical staff supervision.

Writing, Presentation & Research:

Academic independent researcher, 2006-present.

Design, implementation &/or collaboration on a variety of research initiatives involving cross-disciplinary topics of human health, education, and welfare. Current work focuses on participatory & performance methods of data gathering, analysis, and presentation. (see Research Activities above & Presentation Highlights below.)

Freelance writer & editor, presenter, 1991-present.

Author & ghost-author for a wide variety of scholarly, popular press, and healthcare media publications, as well as presenter for topical forums tailored to health, education, business, non-profit, and community settings. Subject matter has included peer listening, media violence, the contemporary commons, women's health, complementary & alternative therapies, stress management, preventive health, and psychiatric managed care. (See Publication Highlights below.)

Chief writer and editor, *Patient Care Law*, 1988-1991, Pittsburgh, PA.

Primary writer / editor for this national bi-monthly newsletter & legal manual for hospital nurses and risk managers, published by *Action-Kit Publications* (from the law firm of Horty, Springer & Mattern, PC), sustaining a 30% increase in subscriptions during my tenure.

Published poet and produced playwright, 1987-1993.

(See Honors & Awards above & Publication Highlights below.)

LICENSURE

Current Pennsylvania registered nursing licensure, RN 248274L

PRESENTATION HIGHLIGHTS

Academic:

Participatory Social Inquiry: Problematizing Research for 'Commons' Knowledge. Examination of participatory social research with implications for learning & the 'knowledge commons,' presented at the 39th Annual Standing Conference on University Teaching & Research in the Education of Adults (SCUTREA), Cambridge, England, July, 2009.

In Other Languages: Toward a Pedagogy of Visual Discourse. Scholarly analysis of visual meaning-making based on critical studies & adult learning theory, presented at the 49th Annual Adult Education Research Conference (AERC), St. Louis, May, 2008.

Listening as Healing Presence: A Preliminary Qualitative Investigation. Interactive presentation of Masters thesis research at the annual Midwest Research-to-Practice Conference in Adult Education, Muncie, September, 2007.

Case study: An investigation of transformative learning through film art, 2007. Multi-media case presentation at the 8th Pennsylvania Adult and Continuing Education Research Conference, Harrisburg PA, February, 2007 (standing room only).

Classroom and roundtable presentations on the Coalition for the Global Commons initiative (CGC): its history, evolution and operative conceptual framework; acting liaison

for North American CGC partners with graduate faculty & doctoral students of the Adult Education Program at the Pennsylvania State University, University Park campus, 2008.

Consulting:

Night Journey on 'Brokeback Mountain', 2006. Masters Internship Project (Indiana University of Pennsylvania). On-site 'weekend intensive' experiential class on spiritual practice for boarding high school students at the Olney Friends School, Barnesville OH.

The Ultimate Clean-up, 2003. Webb Center for Integrative Health, Pittsburgh PA. Introduction to environmental health, chemical sensitivity, self-care & prevention.

Stress Management: The Good, the Bad and the Ugly, 2002. American Express Financial Advisors, Pittsburgh, PA. Understanding & handling the adaptation ('stress') spectrum.

Community:

Awakening the Dreamer, Changing the Dream, May, 2009. Co-facilitator for this international multi-media symposium presented at the Pennsylvania State University.

Night Journey, 2006. The Learning Shire, LLC, Pittsburgh, PA. Full-day interactive adult learning workshops, exploring the art & literature of the mystical journey of the soul, expressed in the tradition of 'lover and beloved' and in the film, *Brokeback Mountain*.

Postpartum Blues, Depression, and Anxiety, 1995-96. Guest speaker in multiple family venues in Pittsburgh, addressing postpartum social & emotional health, self-care, treatment and prevention, including Q&A sessions, discussion roundtables, and follow-up.

PUBLICATION HIGHLIGHTS

Webb, P (2009) 'Participatory Social Inquiry: Problematizing Research for "Commons" Knowledge,' *Proceedings of the 39th Annual Standing Conference on University Teaching & Research in the Education of Adults*, Cambridge, England. (CD-ROM)

Webb, P (2008) 'In Other Languages: Toward a Pedagogy of Visual Discourse' *Proceedings of the 49th Annual Adult Education Research Conference*. (CD-ROM)

Webb, P (2007) 'Listening as Healing Presence: A Preliminary Qualitative Investigation,' *Proceedings of the Midwest Research-to-Practice Conference in Adult Education*.

Webb, P (2007) 'Case Study: Transformative Learning through Narrative Film Art,' *Proceedings of the 8th PA Adult & Continuing Education Research Conf.*, pp.153-9.

Webb, P (2007) 'Facing Violence to Imagine Peace,' *NewPeople* 37(1):1.

Webb, P (2006) 'Creating & Leading Transformative Learning: Night Journey on *Brokeback Mountain*,' *Olney Current*, Autumn 2006, pp.18-21.

Bednash, G (ed) (2001) *Ask A Nurse: From Home Remedies to Hospital Care*, New York: Simon and Schuster (Contributor).

Webb, P (1999) 'Healthy Pregnancy' and 'Sexually-Transmitted Diseases & You', in *Women's Health for Dummies*, Foster City: IDG Books Worldwide Inc. (Health self-help)

Webb, P & Webb, M (1998) 'The Mind Matters,' *Pittsburgh Post-Gazette*, February 6, 1998. (Op-Ed column critiquing 'managed care' effects on mental health outcomes)

Webb, P (1997) 'Alternative Medicine,' *Hospital News and Healthcare Report*, Pittsburgh: Medical Publications Inc, vol. 11. (Three-article series on trends & needs)

Webb, P (1996) 'Futurist Advocates for Healthy Communities,' *Hospital News and Healthcare Report*, Pittsburgh: Medical Publications Inc, vol. 10 (3): 1. (Report of talk on public health industry trends & capacities) Also numerous other articles, 1994-1997.

Webb, P (1995) 'Recognizing Maternal Depression,' *Mothering* 74. (Health self-help)

Webb, P (1991) 'Woman Over 30' and 'After the Law', *Whiskey Island Magazine*, Cleveland State University Press, Summer 1991. (Poetry)

Horty, J & Webb, P (1990) 'Helping the Addicted Nurse – Legal Alternatives,' *Patient Care Law*, Pittsburgh, PA: Action-Kit Publications. (Original chapter for hospital legal manual) Co-wrote & edited numerous other medical-legal chapters and articles, 1988-1991.

Webb, P (1988) **KINGS**, full-length script, originally staged for professional 3-week run by TCG-registered, *Saltworks Theatre Company*, Pittsburgh, PA, Spring, 1988. Selected as best new play of 1988 by regional theatre critic, Ted Hoover of *In Pittsburgh* arts weekly.

CONTINUING EDUCATION HIGHLIGHTS

Trauma, Addiction, and Grief Interactions: Therapeutic Approaches, Spring 2010. Interactive seminar addressing the interplay of trauma, addiction, and grief processes.

Pachamama Alliance Facilitator Training, February 2009.

Two-day leadership training on interactive facilitation processes for 'Awakening the Dreamer, Changing the Dream' international symposia on achieving global eco-justice.

Monty Roberts International Learning Center (MRILC), 2003 & 2004:

- Introductory Course, May, 2004. 200-hour, comprehensive hands-on course in Roberts' methods of non-resistance ground training of horses using non-verbal communication methods adapted from herd behavior & equine physiology.
- Join-Up / Follow-Up Clinic, April, 2003. 50-hour introductory course on equine communication and non-resistance ground training using Roberts' non-verbal human-equine communication methods, taught by Roberts and colleagues.

Chris Irwin Clinic, November 2001.

Hands-on ground training program covering equine communication, equine social structure, non-verbal dynamics of predator-prey relationships, and the ground training of horses using non-verbal interactive & kinesthetic dynamics.

American Psychiatric Association (APA) convention and auxiliary meeting, 1999.

Attendee and auxiliary participant in sessions on mental healthcare practice, ethics, socio-historical contexts, 'managed care' and narrative accounts of mental health & illness.

Postpartum Support International (PSI) annual conference.

Broad review of postpartum psychiatric disorders and biological, psychological and social factors shaping their incidence, treatment, and prevention.

VOLUNTEER SERVICE

Co-facilitator, 'Awakening the Dreamer, Changing the Dream' Symposium, May 2009.

Team member in planning & facilitation of half-day interactive symposium for 150 people in State College PA, on the Pennsylvania State University campus.

Global consultation design leader, Coalition for the Global Commons, 2008-09 (an

initiative of the Global Marshall Plan Foundation, Hamburg, Germany). With collaborators on three continents, designed initial framework for a grassroots, qualitative approach to advancing dialogue & catalyzing action to reclaim diverse types of commons globally.

Board member, Education Innovations, Inc 2002-05. Helped to launch this grassroots

non-profit providing adult & community education programs, K-12 tutoring, and integrative learning models for multi-cultural, multi-lingual urban education.

Living Lunch, Kentucky Avenue School, Pittsburgh, PA 2003-04. Created & helped to

launch on-site lunch program offering all students healthy meals from fresh ingredients.

Horse handler & stable volunteer, Glade Run residential treatment program, 2001-02.

Supported interactive horse-human developmental programs for children & adolescents. Barn volunteer in this & other western Pennsylvania stables, 2001-2005.

Dog trainer, basic obedience training for canine visitation therapy, 1995-2007.

Ascension Players. Liturgical theatre troupe, creating & presenting live theatre in support

of spiritual reflection & development, Church of the Ascension, Pittsburgh PA.

Medical Student Discussion Group. Created and led discussion forum for 1st & 2nd year

UPMC medical students based on film version of Dr. AJ Cronin's novel, *The Citadel*.

MEMBERSHIPS

International Council for Adult Education, a global strategic network promoting lifelong learning as a tool for advancing social justice & participatory citizenship, by which diverse people are empowered to exercise active involvement in the decisions affecting their lives.

Equine-Facilitated Mental Health Association (EFMHA), a chapter of NARHA (originally known as the North American Riding for the Handicapped Association).

The Dramatists Guild, 1991-present.